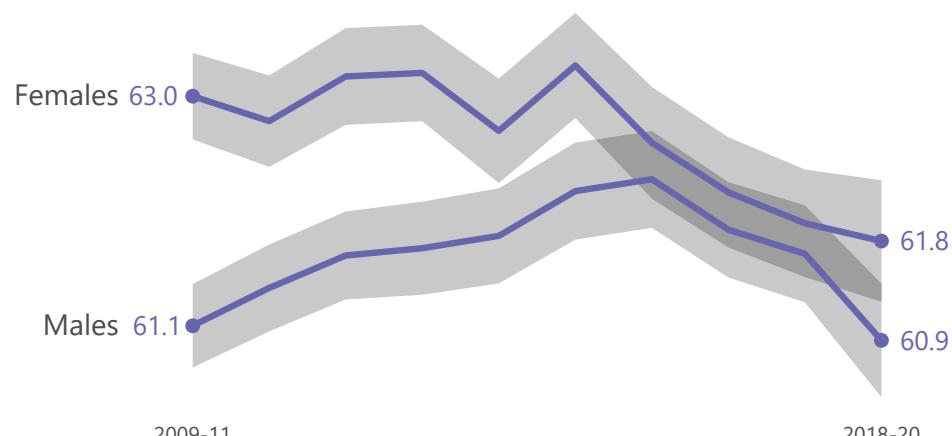


Healthy life expectancy has changed over time

In the last few years healthy life expectancy has decreased for both males and females. It is now lower in 2018-2020 than it was in 2009-2011 for both males and females.

* The shaded area shows the upper and lower 95% confidence intervals.

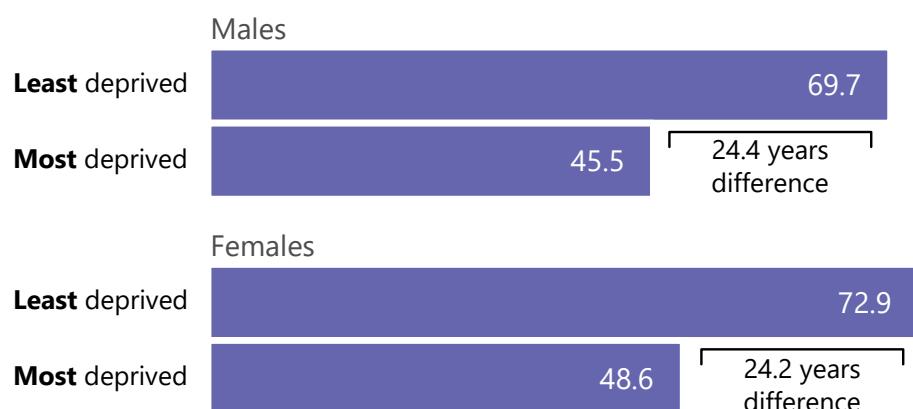
Healthy life expectancy at birth (years)



Deprivation has a large impact on healthy life expectancy

Healthy life expectancy for females is 24.2 years more in the least deprived areas compared to the most deprived areas in Scotland. For males that difference increases to 24.2 years.

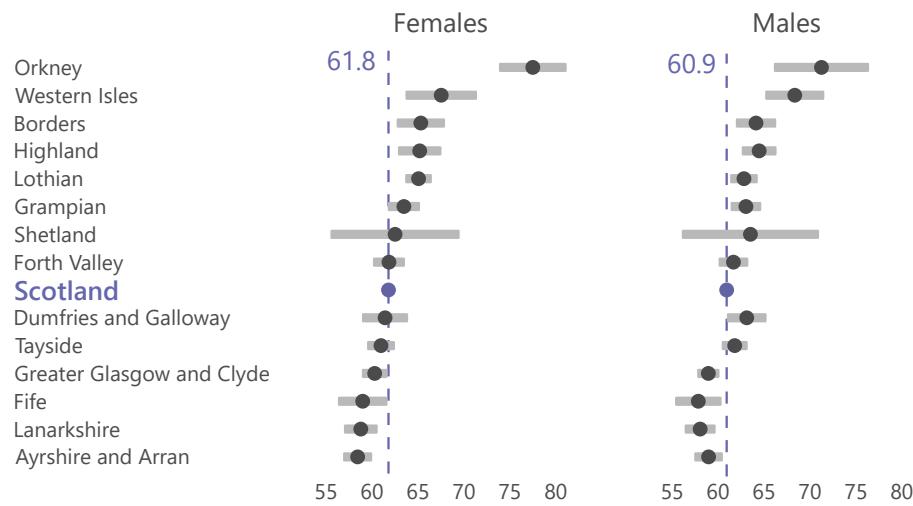
Healthy life expectancy at birth by deprivation (years)



Healthy life expectancy varies by health board

Orkney had the highest healthy life expectancy at birth for both females (77.5 years) and males (71.2 years) of all Scottish health boards. Whilst Ayrshire and Arran had the lowest healthy life expectancy for females (58.4 years) and Fife had the lowest for males (57.8 years).

Healthy life expectancy at birth by health board (years)



Healthy Life Expectancy in Scotland, 2018-2020

Summary

Healthy life expectancy at birth by council area (years)



Healthy life expectancy varies by council area

The council area with the highest female healthy life expectancy estimate at birth was Orkney Islands (77.5 years). The council area with the lowest female healthy life expectancy estimate at birth was North Ayrshire (54.0 years).

For males, the council area with the highest estimate was also Orkney Islands (71.2 years) and the lowest was Inverclyde (54.4 years).

There was greater variation in the female healthy life expectancy estimates across council areas.

The difference between the council areas with the highest and lowest female healthy life expectancy estimates was 23.5 years. The difference between the council areas with the highest and lowest male healthy life expectancy estimates was 16.9 years.